



## SWELL 176 • INTERMEDIATE SCUBA DIVING

*Please refer to the welcome page for general information:*

<https://studentwellness.byu.edu>

**COURSE CONTENT:** This class focuses on specialty techniques of SCUBA diving for divers who are already open water certified. The class is taught by Dive Utah ([diveutah@diveutah.com](mailto:diveutah@diveutah.com)). Students who have completed the class, may choose to earn the Advanced Open Water Diver certification by completing two dives in an additional open water session. This second certification is not a mandatory part of the class.

### LEARNING OUTCOMES

1. Students will be able to apply and perform advanced specialty areas of diving such as deep diving, altitude diving, and peak performance buoyancy and their corresponding skills
2. Students will be able to apply specialty diving theory that correspond to dives done in open water
3. Students will value and be able to apply general principles of fitness and wellbeing that will encourage lifelong wellness and assist in the active pursuit of their best selves.

### PREREQUISITES

SWELL 175 or equivalent

**CLASS ATTIRE:** Student Wellness supports the BYU Honor Code, including the Dress & Grooming Standards. Appropriate workout attire for all SWELL classes includes tops that cover the shoulders, stomach, and back; mid-thigh shorts or longer (no exceptions); and no cut-off shirts, jeans, boots, or open-toed shoes. Exercise leggings are permitted. Inappropriate logos or sayings will not be tolerated. ***Students not dressed appropriately will not be allowed to participate and will be marked absent.*** Water activity attire is as follows:

- Swim attire must cover appropriate body parts and be worn correctly. Women's suits must cover the midriff.
- All swim attire must be specifically made for swimming pool usage. Prohibited attire includes, but is not limited to: Athletic wear not made for swimming, compression shorts, leggings, basketball shorts, jeans, cotton clothing, & undergarments.
- Lifeguards may ask those not in compliance with this policy to change or cover-up prior to utilizing RB Pool Facility.

**HONOR CODE:** In keeping with the principles of the BYU Honor Code, students are expected to be honest in all of their academic work. Academic honesty means, most fundamentally, that any work you present as your own must in fact be your own work and not that of another. Violations of this principle may result in a failing grade in the course and additional disciplinary action by the university. Students are also expected to adhere to the Dress and Grooming Standards. Adherence demonstrates respect for yourself and others and ensures an effective learning and working environment. It is the university's expectation, and every

instructor's expectation in class, that each student will abide by all Honor Code standards. Please call the Honor Code Office at 422-2847 if you have questions about those standards.

**INHERENT RISK:** In consideration of my being enrolled in Intermediate Scuba Diving at BYU, I **ACKNOWLEDGE AND AGREE TO ASSUME THE INHERENT RISKS OF THE ACTIVITIES ASSOCIATED WITH THIS CLASS.** I acknowledge the risks involved in this class may include, but are not limited to: Injuries resulting from climbing on uneven and/or artificial surfaces; slipping on wet surfaces; drowning; abrasions, dislocations, cuts, bruises, blisters, broken bones, strains, sprains, falls, concussions, torn muscles, internal injuries, spinal injuries; injuries caused by other participants, blows to the body, face or head, exhaustion, dehydration, physical or emotional distress; injuries from contact with equipment; injuries occurring from colliding with other participants or objects; bad decision-making; inattention of or actions of other participants; misuse or failure of equipment; damage to clothing and other personal items and other risks, hazards, or accidents, whether foreseen or unforeseeable.

**FEES & EQUIPMENT:** A \$229.17 fee paid to BYU is due with your tuition. The fee is required and will not be refunded after the add/drop deadline, even if students have their own equipment. The fee covers:

1. Pool fees \$5.00 per class (3) = \$15.00
2. Homestead Crater entry fee = \$24.00
3. Certification fees = \$27.00
4. PADI Student Materials
  - a. PADI Adventures in Diving Manual = \$32.00
  - b. PADI Divers Log Book \*
  - c. PADI Electronic Dive Planner (Multi-Level version) \**\*Students should already have these since they are certified.*
5. SCUBA Equipment
  - a. BCD \$8.00 per class (5) = \$40.00
  - b. Regulator \$8.00 per class (5) = \$40.00
  - c. SCUBA Tank \$6.00 per class (5) = \$30.00
  - d. Weight Belt with weight \$2.00 per class (5) = \$10.00
  - e. 7mm wetsuit (1) = \$8.00
6. Students are responsible for their own transportation. BYU Field Trip Insurance for two trips to the Crater at Midway = \$3.17

Students may use their own equipment if it passes inspection by Dive Utah staff. Regulators must have an alternative air source and console with SPG, depth gauge and compass. Tanks must be current on visual and hydrostatic inspections. *There may be additional fee (gas, food, etc.) for students completing the optional second open water session for the Advanced certification.*

**QUESTIONS OR CONCERNS:** If you have questions or concerns, please visit with your instructor or contact Student Wellness in 112 Richards Building or call 801-422-3644.