

# SWELL 176 • INTERMEDIATE SCUBA DIVING

Please refer to the welcome page for general information & exam dates:

<https://studentwellness.byu.edu>

## COURSE DESCRIPTION

This class focuses on specialty techniques of SCUBA diving for divers who are already open water certified. The class is taught by Dive Utah [diveutah@diveutah.com](mailto:diveutah@diveutah.com), (801)-277-3483.

## PREREQUISITE

Students must hold an Open Water certification from a recognized training agency.

## LEARNING OUTCOMES

1. Students will be able to apply and perform advanced specialty areas of diving such as deep diving, altitude diving, and peak performance buoyancy and their corresponding skills
2. Students will be able to apply specialty diving theory that correspond to the dives done in open water.
3. Students will value and be able to apply general principles of fitness and wellbeing that will encourage lifelong wellness and assist in the active pursuit of their best selves.

## ATHLETIC ATTIRE

BYU Student Wellness expects all patrons to wear proper attire while participating in its athletic programs. In accordance with CES Dress and Grooming Principles and Expectations, the following dress accommodations have been made for athletic participation, as well as to ensure the health and safety of all participants:

- Patrons should wear proper attire applicable to the athletic activity.
- Shirts, shorts or pants, and appropriate footwear must be worn at all times.
- Undergarments and midriff should be covered with clothing.
- Clothing with belts and/or exposed metal (buttons, snaps, rivets, and/or zippers) are not permitted.

**Bring a swimming suit and towel to each class.** All swim attire must be specifically made for swimming pool usage. Prohibited attire includes but is not limited to: Athletic wear not made for swimming, compression shorts, leggings, basketball shorts, jeans, cotton clothing, and undergarments.

Additional standards for specific facilities, areas, and programs may apply. Student Wellness reserves the right to determine proper program attire.

## FEES & EQUIPMENT

A \$265.00 fee paid to BYU is due with your tuition. The fee is required and will not be refunded after the add/drop deadline, even if students have their own equipment. **If a student chooses to drop the class, the fee will not be reimbursed after the first week of classes.** The fee covers:

1. Pool fees \$5.00 per class (3) = \$15.00
2. Homestead Crater entry fees \$40 plus tax = \$43.00
3. Certification fees = \$36.00
4. PADI Student Materials
  - a. PADI Adventures in Diving Manual = \$40.00
  - b. PADI Divers Log Book = \*\*
  - c. PADI Electronic Dive Planner (Multi-Level version) = \*\*\*\*Students should already have these since they are certified
5. SCUBA Equipment
  - a. BCD \$8.00 per class (5) = \$40.00
  - b. Regulator \$8.00 per class (5) = \$40.00
  - c. SCUBA Tank \$6.00 per class (5) = \$30.00
  - d. Weight Belt with weight \$2.00 per class (5) = \$10.00
  - e. 7mm wetsuit (1) = \$8
6. Students are responsible for their own transportation. BYU Field Trip Insurance for one trip to the Crater at Midway = \$3.00

\*\*There may be additional personal fees (gas, food etc) for students completing the second open water session for the advanced certification.

Students may use their own equipment if it passes inspection by Dive Utah staff. Regulators must have an alternate air source and console with SPG, depth gauge and compass. Tanks must be current on visual and hydrostatic inspections.

## GRADING

This course is graded on CREDIT RECEIVED(CR)/NO CREDIT RECEIVED (NC). Students must meet the following criteria to receive a passing grade:

1. Attendance: must attend a minimum of 80% of all class sessions; effective the day after the add/drop date.
2. Exam: must score a 75% or better.

*NOTE: Students who do not meet these criteria will receive an "NC" grade indicating no credit was received. This will NOT impact their GPA.*

## **TO BECOME CERTIFIED, A STUDENT MUST ATTEND 100% OF THE CLASS SESSIONS, COMPLETE THE HOMEWORK AND SHOW MASTERY OF SPECIALITY DIVE COMPETENCIES.**

You will be awarded either PADI Adventure Diver certification or PADI Advanced Open Water certification depending on how many of the final dives you complete.

\*Note: If a student incurs an absence, he/she **cannot** participate in future pool/open water sessions. He/she has two options:

1. Pay Dive Utah \$50 and come to our Holiday location for a makeup class at the convenience of your instructor before your next class.
2. Withdraw/petition to withdraw from the course

*If your schedule looks tight, think about taking the course at a later date. Be aware that makeup classes done outside of the normal class schedule do not qualify for Field Trip Insurance.*

## INJURY

Any injury occurring during scheduled class time should be immediately reported to your instructor.

## CLASS MEETING TIMES

**The first night of class is classroom only, there will be no pool session.**

Class will be held in your scheduled classroom from 6:00-8:00pm. Immediately following the class, you will do pool dives at the Provo Recreation Center Pool (8:15-10:00pm), located at 320 West 500 North in Provo. The first Open Water session will be conducted on the last night of class at the Homestead Crater in Midway, 7:30pm 10:00pm.

Optional: Students desiring **to earn** the Advanced Open Water will need a second Open Water session. This will not be conducted as part of the class but will be held on a Saturday following the last day of class. It will take place at a larger lake or reservoir that may be up to three hours from BYU. Students will furnish their own transportation to all sessions of class.

## SAFETY

SCUBA diving is not a risk-free activity. Failure to pay attention to the instructor, your surroundings, your depth and your air gauge can lead to serious injury even in the pool. Surfaces near the pool or dive site can be slippery. Students must exercise caution when carrying dive gear. Horsing around will not be tolerated. Anyone doing so will be asked to leave. The dive skills are taught in progression with easier skills taught first. Please do not attempt any skills until asked to do so by a dive staff member.

## **POOL RULES**

Do not get into the pool until instructed to do so by the dive staff.

No running on the pool deck.

All SCUBA tanks need to be placed on their sides when not directly attended.

Be careful not to drop dive weights on your toes or the pool deck.

Our pool time is limited. Please dress and undress quickly.