STAC 175—Beginning SCUBA Diving

PLEASE REFER TO THE WELCOME PAGE FOR GENERAL INFORMATION:
http://studentwellness.byu.edu/physical/activitycourses

Course Description
This class focuses on beginning techniques of SCUBA diving. The class is taught by Dive Utah
diveutah@diveutah.com.

Learning Outcomes
At the conclusion of the course, students will:
1. Demonstrate mastery of the basic, fundamental skills of SCUBA by completing the PADI Open Water Diver certification in both pool and open water.
2. Demonstrate an appropriate understanding of SCUBA diving theory by passing (75% or better) 4 quizzes and a final exam on the following subjects: diving physics and physiology, equipment, dive planning, emergency procedures, aquatic life and environment.

Course Fee
The class fee is $307.70, payable to Brigham Young University.
The fee covers:
- Pool fee $5 per class (4) -- $20
- Homestead Crater entry fee $22 plus tax per class (2) -- $47
- Certification fees -- $19

PADI Student Materials
- PADI Open Water Diver Manual -- $20
- PADI Divers Log Book -- $12
- PADI Electronic Dive Planner (Multi-Level version) -- $18
- PADI Open Water Diver DVD -- $23

SCUBA Equipment
- BCD $8 per class (6) $48
- Regulator $8 per class (6) $48
- SCUBA Tank $5 per class (6) $30
- Weight Belt with weight $2 per class (6) -- $12

BYU Field Trip Insurance for two trips to the Crater at Midway -- $10.70

Students may use their own equipment if it passes inspection by Dive Utah staff. Regulators must have an alternate air source and console with SPG, depth gauge and compass. Tanks must be current on visual and hydrostatic inspections.

If a student chooses to drop the class, the fee will not be reimbursed after the first week of classes.
Dress and Attire
Bring a bathing suit and towel to each class.
You are required to follow the standard dress policy for BYU swimming classes. That policy is as follows:

*Men:* Board shorts, swim trunks, drag shorts, or jammers are acceptable. Speedos and athletic shorts not made for swimming are not acceptable.

*Women:* Modest one-piece swimsuits or modest tankinis with no low cut front are required. Students who are not dressed in appropriate athletic attire will not be allowed to participate and are counted absent.

Grading
- This course is graded PASS/FAIL
- Students must meet the following criteria to pass this course.
  1. Pass the attendance part of the course with 80% (no more than 1 absence).
  2. Pass the written part of the class with 75% on the four quizzes and written test.
  3. Show mastery of basic dive competencies.

Students who do not meet these criteria will receive a Fail (E) grade which will impact their GPA.

- TO BECOME CERTIFIED, A STUDENT MUST ATTEND 100% OF THE CLASS SESSIONS, PASS THE TEST AND QUIZZES WITH 75% OR BETTER AND SHOW MASTERY OF BASIC DIVE COMPETENCIES.

***Note: If a student incurs an absence, he/she cannot participate in future pool/open water sessions. He/she has three options:

1. Forfeit the class fee. Enroll in Adapted PE for the rest of the semester to maintain the .5 credit. You will receive a grade for StAc 102R.

2. Continue to attend the lecture portion of the class but enroll in Adapted PE for the “pool activity” portion in the class. To enroll in Adapted PE, come to 203 RB. You will receive a grade for StAc 176 but will not be dive certified.

3. Pay Dive Utah $20 for a pool makeup instruction and $60 for the Crater makeup instruction and complete the makeup at Dive Utah’s convenience before your next class meets.

Please contact Dive Utah ASAP if you miss a class due to an emergency or anticipate missing a class.

Injury
Any injury occurring during scheduled class time should be immediately reported to your instructor.

Class Meeting Times
Class will be held in 255 SFH, 6:00-7:45pm. Immediately following the class, you will do pool dives at the Provo Recreation Center Pool (8:00-10:15pm), located at 320 West 500 North in Provo. The final Open Water dives will be conducted on the last 2 nights of class at the Homestead Crater in Midway, 5:00-8:00pm. Students will furnish their own transportation.

Safety
SCUBA diving is not a risk free activity. Failure to pay attention to the instructor, your surroundings, your depth and your air gauge can lead to serious injury even in the pool. Surfaces near the pool or dive site can be slippery. Students must exercise caution when carrying dive gear. Horsing around will not be tolerated. Anyone doing so will be asked to leave. The dive skills are taught in progression with easier skills taught first. Please do not attempt any skills until asked to do so by a dive staff member.
Pool Rules
Do not get into the pool until instructed to do so by the dive staff.
No running on the pool deck.
All SCUBA tanks need to be placed on their sides when not directly attended.
Be careful not to drop dive weights on your toes or the pool deck.
Our pool time is limited. Please dress and undress quickly.

Medical Statement
Students must fill out a medical statement BEFORE the first class. The statement can be found at www.diveutah.com/forms/padi_med1.html. If you answer YES to ANY question, you will need a doctor's permission BEFORE the first class. Contact Dive Utah for specifics.